

陈氏太极單劍名称 (Chen Taiji Single Sword Form)

1	太極劍初式	tai ji jian chu shi	Taiji sword opening move
2	朝陽劍	chao yang jian	Face the sun
3	仙人指路	xian ren zhi lu	Immortal pointing the way
4	青龍出水	qing long chu shui	Blue dragon flies out of water #
5	護膝劍	hu xi jian	Protecting knee sword
6	閉門式	bi men shi	Closing the gate
7	青龍出水	qing long chu shui	Blue dragon flies out of water
8	翻身下劈劍	fan shen xia pi jian	Turn body and chop down
9	青龍出水	qing long chu shui	Blue dragon flies out of water
10	斜飛式	xie fei shi	Diagonal flying
11	鳳凰展翅	feng huang zhai chi	Phoenix opens wings
12	鳳凰點頭	feng huang di tou	Phoenix dips its head
13	撥草尋蛇	bo cao xun she	Separate grass to find snake
14	金雞獨立	jin ji du li	Golden rooster stands on one leg
15	仙人指路	xian ren zhi lu	Immortal pointing the way
16	退步蓋欄	tui bu gai lan	Pull back and block down
17	古樹盤根	gu shu pan gen	Twisted roots of ancient tree
18	餓虎扑食	e hu pu shi	Hungry tiger pounces on prey
19	青龍擺尾	qing long bai wei	Blue dragon swings its tail
20	倒卷肱	dao juan gong	Backward whirling arm
21	野馬跳澗	ye ma tiao jian	Wild horse leaping ravine
22	白蛇吐信	bai she tu xin	White snake spits out tongue
23	烏龍擺尾	wu long bai wei	Black dragon swings tail
24	鐘馗仗劍	zhong kui zhang jian	Zhong Kui raise the sword
25	羅漢降龍	luo han xiang long	Luohan subdues the dragon
26	黑熊翻背	hei xiong fan bei	Black bear turns around
27	燕子啄泥	yan zi zhuo ni	Swallow pecks the mud
28	白蛇吐信	bai she tu xin	White snake spits out its tongue #
29	斜飛式	xie fei shi	Diagonal flying
30	鷹熊鬥智	ying xiong dou zhi	Hawk and bear fight cleverly
31	白蛇吐信	bai she tu xin	White snake spits out its tongue
32	摘星換鬥	zhai xing huan dou	Pluck star to replace the North star
33	海底撈月	hai di lao yue	Scoop up the moon from under the sea
34	鳳凰點頭	feng huang dian tou	Phoenix dips its head
35	燕子啄泥	yan zi zhuo ni	Swallow pecks the mud #
36	白蛇吐信	bai she tu xin	White snake spits out its tongue #
37	斜飛式	xie fei shi	Diagonal flying
38	左托千斤	zuo tuo qian jin	Push away 1000 lbs left
39	右托千斤	you tuo qian jin	Push away 1000 lbs right
40	燕子啄泥	yan zi zhuo ni	Swallow pecks the mud

41	白猿獻果	bai yuan xian guo	White ape offers fruit
42	落花流水	luo hua liu shui	Falling flowers and flowing water
43	上斜刺	shang xie ci	Upward thrust
44	下斜刺	xia xie ci	Downward thrust
45	斜飛式	xie fei shi	Diagonal flying
46	哪吒探海	ne zha tan hai	Nezha searches the sea
47	怪蟒翻身	guai mang fan shen	Python turns over
48	韋陀獻杵	wei tuo xian chu	Weituo offers his weapon
49	磨盤劍	mo pan jian	Millstone sword
50	太極劍還原	tai ji jian huan yuan	Taiji sword returning to origin